

HEALTHCARE FACILITY IMPLICATIONS OF

COVID-19

FOR PATIENTS AND FAMILY

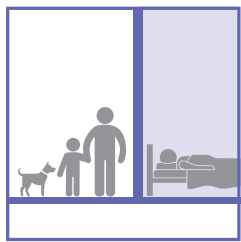
What to Expect if You or a Family Member Contracts COVID-19¹

Facility Implications

IF YOU ARE SICK WITH RESPIRATORY INFECTION:

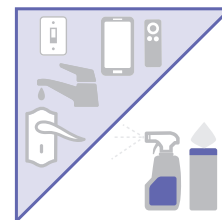
If you are mildly ill, you may be instructed to recover at home.
This may apply to as many as **80%** of COVID-19 patients.

CARING FOR YOURSELF OR OTHERS IN HOME ISOLATION:



Isolate the patient to a “sick room” away from other people and pets.
Use a separate bathroom, if available.

Wearing disposable gloves, immediately remove and wash clothes or bedding that have blood, stool, or body fluids on them. Use normal laundry detergent and dry thoroughly.



Clean all “high touch” surfaces in common areas daily with regular household cleaning spray or wipes, including phones, remote controls, counters, tabletops, doorknobs, bathroom fixtures, toilets, keyboards, tablets, bedside tables, light switches, and cabinet handles.

If they are able, have the patient clean and disinfect the high touch surfaces in their “sick room” and bathroom daily. If someone else cleans, he or she should only do so as needed, wear a mask and disposable gloves, and wait as long as possible after the sick person has used the bathroom.



Place all used disposable gloves, facemasks, and other contaminated items in a lined container before disposing of them with other household waste. Clean your hands immediately after handling these items.



1. All guidance unless noted otherwise: US Centers for Disease Control (CDC), “What to Do if You Are Sick,” accessed April 9, 2020, <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html> and “Caring for Yourself at Home,” accessed April 9, 2020, <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/caring-for-yourself-at-home.html> and “Caring for someone at home,” accessed April 9, 2020, <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/care-for-someone.html#titions.html>

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Facility Implications

IF YOU ARE HOSPITALIZED:

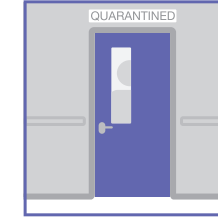
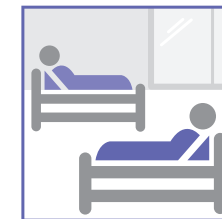


If you have a medical emergency, call 911. Otherwise, call your healthcare provider before going to a hospital. You might coordinate with clinicians via telephone, computer screens or tablets (“telehealth”).

You might be assigned to a private patient room or you might share a semi-private room with another COVID-19 patient.



During a shortage of hospital beds, you might be doubled up in a normally private (single patient) room.



You will likely not be allowed outside of your room.



You might not be allowed any visitors.



You might be directed to a non-hospital facility for your care, such as a different healthcare facility or a temporary building such as a tent, school gymnasium, hotel, or convention center.